

CHANGING THE GAME IN HEALTH AND FITNESS®

BOWFLEX

SELECTTECH® DUMBBELLS

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Build muscle. Lift your game.

Cutting-edge design, a sleek look and innovative technology make Bowflex®

SelectTech™ Dumbbells a compact alternative to traditional weights. It's like having 15 separate pairs of dumbbells in one convenient set – the perfect solution for lifting your fitness game.



**SELECTTECH™ DUMBBELLS
AND DUMBBELL STAND**



SELECTTECH® DUMBBELLS

BOWFLEX® SELECTTECH® DUMBBELLS

- Highly advanced, patent pending selectorized dumbbell set provides all the benefits of 15 separate pairs of dumbbells
- Weight ranges from 5 lbs to 52.5 lbs in 15 separate increments
- Weight can be increased in 2.5 lb increments between 5 and 25 lbs
- Special locking mechanism allows the adjustment knob to turn only when handles are correctly positioned in the base unit
- Patent pending locking mechanism assures proper selection and retention of weight plates when in use
- Sold in pairs



BOWFLEX® SELECTTECH® DUMBBELL STAND

- Unique design has specific ergonomic features that enhance the performance of the Bowflex® SelectTech™ dumbbell set
- V shape “step in” design allows the user to maintain proper upper body positioning while lifting the dumbbells from the rack
- Dumbbell handles provide a comfortable secure lifting position
- Large, adjustable stabilizer feet assure maximum stability
- Hand towel rack is integrated into the stand design
- Dimensions: 27.75"L x 20.5"W x 24.5"H

